Greetings,

CYBER BULLYING

*Sticks and stones may break my bones but words can hurt me too!*

Cyber bullying is defined as “the use of information and communication technologies such as Facebook, YouTube, Facebook Texting, Instagram, Snapchat, etc to support repeated and deliberate hostile behaviour intended to harm others. It is sometimes used as an extension to other forms of bullying, experiencing social, psychological and academic difficulties”.

All of this behaviour occurs outside of school but affects students in our school. So parents, you must report cyber bullying by collecting evidence (screenshots) and then reporting it to www.esafety.gov.au or going to the police. Block the person and talk to someone you trust. You must not take photos of any student (apart from your own) and post them on Facebook, unless you have specific permission from those parents.

SCHOOL CANTEEN

From Monday this week, Brett Crawford has been volunteering his time in the canteen to replace Simone for the remainder of the year. Simone has broken her foot and is to be off it for at least six weeks. Brett is a trained chef with lots of experience, so it should be a fairly smooth transition. Brett is the father of a child in the infants department.

As a result of this, we will advertise the position of Canteen Manager in the coming weeks, to start next year. It is important for the viability of the canteen that we have the best person in the job in the future.

Brett is being ably assisted by Pam, who is a grandparent of children at our school. Pam has had vast experience at running canteens in the past and her knowledge of running a successful school canteen is quite extensive. During this time, the canteen is looking closely at the menu and operations to see how and where they can streamline it for better efficiency and productivity. If you have any productive ideas or thoughts that may benefit our canteen, we would love to hear from you.

We really appreciate the effort that Brett and Pam are putting into the canteen; and of course our band of loyal helpers that are the backbone of our canteen at Tyalla.

PRESENTATION DAY

As the end of the year looms, so too does our Tyalla Presentation Day. This will be happening on the morning of Tuesday, 8th December at Sportz Central on Bray Street. Please put this important date in your calendar. It will be great to see the many achievements of our wonderful students throughout the year and will be much cause for celebration of success.

FINALLY . . .

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day, is for YOUR children. If we can do it better, tell us.

Have a great week.

Stewart Copeland
Principal
**IMPORTANT DATES/REMINDERS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>20th, 27th November</td>
<td>KINDY ORIENTATIONS</td>
<td>see details in today’s newsletter</td>
</tr>
<tr>
<td>8th December</td>
<td>ANNUAL SCHOOL PRESENTATION - SPORTZ CENTRAL</td>
<td>commencing at 9.45am</td>
</tr>
<tr>
<td>10th December</td>
<td>YEAR 6 FAREWELL</td>
<td>return notes and $28 to your class teacher by 24/11</td>
</tr>
<tr>
<td>14th December</td>
<td>REWARD DAY</td>
<td>details to follow</td>
</tr>
<tr>
<td>15th December</td>
<td>TYALLA CAROLS</td>
<td>save the date (details to follow)</td>
</tr>
</tbody>
</table>

**CANTEEN ROSTER**

**WEEK COMMENCING MONDAY, 23RD NOVEMBER**

<table>
<thead>
<tr>
<th>Day</th>
<th>Canteen Roster</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 23rd November</td>
<td>Daphne Miller</td>
</tr>
<tr>
<td>Tuesday, 24th November</td>
<td>Jodi Morley</td>
</tr>
<tr>
<td>Wednesday, 25th November</td>
<td>Craig Woods, Terri, Pam Timmins-Keen</td>
</tr>
<tr>
<td>Thursday, 26th November</td>
<td>Lei Harrison</td>
</tr>
<tr>
<td>Friday, 27th November</td>
<td>Craig Woods, Terri, Anita</td>
</tr>
</tbody>
</table>

**P&C NEWS**

Dear Parents & Carers,

A big thank you and get well soon to Simmone from the school canteen. Simmone has broken her foot and will be out of action for a while. I would like to thank Simmone for her passion and commitment over the last year. She stepped in to help out when we needed a fill-in for Kylie and she has done so with great enthusiasm.

On that note, we would like to introduce Brett, with some help from Pam, who will be taking over the running of the canteen for the rest of the year. How lucky we are to have such capable and generous people in our community to help out when we need it. The whole school really appreciates you Brett and Pam. Thank you.

And finally, a heads up on a very special ‘Christmas Treat Meal Deal’ on 1st December for $5. Look out for more information in next week’s newsletter.

In Kindness

Tina Di Sisto
(P&C President)

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**ASSEMBLY AWARDS**

**TERM 4, WEEK 6**

**SILVER AWARDS ... WELL DONE**

**GOLD AWARDS ... CONGRATULATIONS**

**RUBY AWARD ... CONGRATULATIONS**

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BUS TRAVEL INFORMATION
If your child is starting Kindy next year, going from Year 2 to Year 3 or from Year 6 to Year 7, a new bus application form needs to be completed. Year 7 bus forms will need to be lodged with the high school you will be attending. A reminder if you have any concerns about your child’s bus safety or travel, please contact the relevant bus company.

SCHOOL UNIFORMS
If you’re looking to purchase school uniforms they are now available from Slick Sportswear and Uniforms, Unit 4/37 Lawson Crescent (entrance in Druitt Court), Coffs Harbour and can be purchased from 8.30am to 4.30pm, Monday to Friday. Parking is available at the door.

INFORMATION UPDATE
Have you changed your address, phone number or emergency contact details? If so, please contact the office on 6652 4488 or call in and leave your new details.

CHRISTMAS RAFFLE
Thank you to those families who have returned raffle tickets for our Christmas Raffle. Please return sold tickets and money to your child’s class teacher. If you require further tickets, please see the ladies in the office.

TYALLA PRESENTATION DAY
The Tyalla Presentation Day will be held at Sportz Central, Bray Street, Coffs Harbour on Tuesday, 8th December, 2015 commencing at 9.45am. Parents, carers and friends of the school are most welcome to attend.

CLASSROOM ORIENTATION
Friday, 20th November
9.30am to 11.00am
Just for students!

TEDDY BEAR PICNIC DAY
Friday, 27th November
10.00am to 11.10am
Bring your favourite teddy and a snack to school to join the fun.

The simplest way
...to pack the five food groups!

Follow our easy guide to pack the healthiest lunch box that features the five food groups – and don’t forget a bottle of water!

Fruit: It’s high in fibre, vitamins and minerals. Serve fruit in fun ways: try fruit kebabs or fruit in small containers, and remember, kids are more likely to eat it if it’s cut up into small pieces.

Veggies: Pack carrot and celery sticks with hummus or salsa, or even a veggie slice.

Breads + cereals: Try wholemeal bread, wraps and pita, or rice and pasta leftovers.

Reduced-fat dairy: A slice of cheese, yoghurts and custards are all great lunch box items.

Lean protein: cooked chicken, tuna, egg, roast meat, or legumes such as red kidney beans and chickpeas.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit